

## New! “LEARNING ON THE GO” Tips To Boost Your Preschooler’s Brain Power!

Most children begin reading by age 7. Learning to read is built on a foundation of language skills that children begin acquiring at birth. The capacity for learning develops in the first three years of life when children’s brains grow to 90% of their adult size. When parents talk, sing and read to their children, links among their brain cells are strengthened and new cells and links are formed.

Families are their children’s first teachers. Studies show that the likelihood of a child’s success in the first grade depends most of all on how much she or he has already learned about reading before getting there. Parents can give their children this knowledge by talking to and with them, reading aloud a variety of books and singing songs together, all of which enhance what are called “early literacy skills”.

Future “LEARNING ON THE GO” tips will offer families quick, easy activities that will help young children learn about language while having fun. To meet today’s busy schedules, these activities are designed to take only minutes and can be done at home, in the car or while out shopping. For more early literacy information, call Healthy Start Council at 728-KIDS.